

*Hosted by the West Kootenay Child Care Resource & Referral*

## **UNDERSTANDING TRAUMA: AN INTRODUCTION TO IDENTITY-ORIENTED PSYCHOTRAUMA THEORY (IOPT)**

What is trauma? How does it affect our healthy development?  
Explore with us the ways in which children's behavior often  
acts as an indicator of their parents' unresolved trauma.

*Virtually January 14, 2023 9:00-12:00pm*

Lucy was born in London in 1976, and lives in Sussex (SE England) with her partner and two children. Lucy has a particular interest in working with parents and carers, and in introducing the concept of early trauma - and its consequences - into the family home, to provide a safer, more loving environment for both adults and children. Find information on the My Health Self website



With administration support  
from Anja Jaskolski

Registration  
[link](#)



Ministry of  
Education and  
Child Care